

My School Manu

Winter 2025 - 2026

Week commencing

3rd November, 24th November, 15th December, 5th January, qth March



Week

| | Monday | Tuesday | Wednesday | Thursday | Friday | | | |
|----------|--|--|--|---|--|--|--|--|
| Option 1 | Tortelloni Formaggio Gluten Egg Milk in a tomato & basil sauce with garlic bread Gluten Soya Milk | Pacific Salmon, broccoli, pea & cream cheese pasta Gluten Fish Milk Mustard Soya | Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy | Lemon & herb chicken Sulphur Dioxide with mashed potato & corn on the cob | Fishcake Cob Gluten Fish Sesame with lemon mayonnaise Egg, oven chips & peas | | | |
| *** | Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg | | | | | | | |
| Pudding | Classic iced 'school' cake Egg Gluten Milk | Spiced apple crumble Gluten with custard Milk | Pinwheel cookie Gluten | Donuts Soya Milk Gluten Egg Sesame | Custard tart Milk Egg Gluten | | | |







Thursday Monday Tuesday Wednesday Friday Cheesy Naan bread All day brunch Roast meat of the Loaded Chicken Tempura battered pizza MSC Pollock taco Nottinghamshire dav Biryani Chapati's Milk Gluten Gluten Gluten Soya Fish with sausage with with a tomato, red with Gluten Sulphur Yorkshire Dioxide **Bombay potatoes** onion curried veg slaw pudding & Egg & Milk Egg Gluten & roast potatoes, mint salad bacon oven chips with carrots, broccoli & hash browns, baked beans & gravy scrambled eggs Egg Milk Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg Chocolate **New York** Sticky toffee Cardamom rice JimJam 'nut free' chocolate croissant & pudding pudding cheesecake orange cookie Gluten Soya Milk Milk Egg Gluten Milk Gluten Milk with custard Gluten Milk







17th November, 8th December, 19th January, 9th February, 2nd March, 23rd March

Taste ASIA

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|----------|--|---|--|--|--|--|--|--|
| | Monday | Tuesday | Wednesday | Thursday | Friday | | | |
| Option 1 | Chicken teriyaki Udon noodles Gluten Soya with a vegetable spring roll Gluten Egg Milk Soya Celery | Chicken & vegetable fajitas Gluten with smoky jacket wedges & tomato salsa Sesame | Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy | Honey chicken filled bao bun Gluten Sesame with sticky rice & crunchy vegetable sticks | Chip shop style fish 'n' chips Gluten Fish Mustard with curry sauce & peas | | | |
| <u>*</u> | Jacket potato available daily, served with your choice of: baked beans & cheese Milk or tuna mayonnaise Fish Egg | | | | | | | |
| Pudding | Zesty lemon jelly with a cookie Gluten | Iced carrot cake Gluten Egg Sulphur Dioxide | Chocolate Cracknell Gluten Milk | Butterscotch shortcake Gluten Milk Soya | JimJam 'Nut Free' Chocolate brownie Egg Milk Gluten | | | |



